

Green Crew

BEAN FRITTERS



Ingredients

- 3 Cups green beans - chopped
- 1 Red onion - chopped
- 2 Eggs
- 0.5 cups SASKO flour
- Sunflower oil - for shallow frying
- 1 Tbs Mild curry powder
- 1 Stock cube
- Salt and pepper to taste

Method

- Boil green beans in a pot with stock.
- Let it cool down and pour off water.
- Lightly fry onions then add egg mixture
- Add flour to the mixture
- Mix in the curry powder
- Heat oil in a pan and spoon in the mixture
- Fry off until golden brown.