

Muttonheads

KRUMMEL PAP CHEESE FINGERS



Krummel Pap

Equal quantities water to pap

Salt

1 Tbs butter

Pour water and salt in a saucepan and bring to boil

Add White Star Maize Meal to boiling water

Put the lid on and let it simmer for approx. 5 mins

DO NOT STIR

Lower the heat and stir with a big fork or wooden spoon to break apart

Put the lid back on and let the mixture steam for approx. 30 mins - Stir every 5 minutes to fluff it out.

Krummelpap Cheese Fingers

Krummelpap

Edam Cheese - Grated

Oil for shallow frying

Mix the ingredients together and combine them

Shape into a lump and cut into 'fish-finger' size

Shallow fry in olive oil till golden

