

Pretty Griddy

ONE PAN WONDER BREAKFAST



Ingredients

2 Kidneys
1 Sliced Liver
1 Onion diced
1 Tbs Duck fat
3 Spring onions
3 Sliced Mushrooms
5 Cherry tomatoes cut in half
2 eggs
Basil
Thyme
Parsley

Fry kidneys with salt and pepper - remove from pan
Fry sliced liver, seasoned with salt, pepper and thyme
Fry diced onions in duck fat, when soft - add spring onions, mushrooms and halved cherry tomatoes
Add salt, pepper, parsley and basil
Spread mixture over half the pan to form a mould
Crack 2 eggs, leave whole, in the middle
Cover pan and cook on low heat until the eggs are white
Place kidneys and liver into other half of the pan
Cover pan
Rest on low coals until the eggs are cooked till medium and the liver and kidneys are heated up.

